A big congrats to our squash winners for 2022. We have always had some top

Welcome to KSRC Squash 2023 ...

players at KSRC, but now its great to see us building strength in depth. A big shout out to those who picked up the "most improved" gongs, amazing efforts across the whole year :-) The complete 2023 KSRC and Regional squash calendar is in place. Check it

dates into your personal diaries. Already there is a lot happening down at the club, Monday night game night is up and running, Club day with the kitchen and bar open will begin in March and

out on our website Kapitisquash.co.nz/events and please lock and load the

senior members have organised a "skills & drills" secession on Sunday (early evening), all of these events are open to ALL members. A big shout out to Chrissy who has had funding applications approved for us to install a commercial extraction fan into the men's showers and heat pumps for

each court :-) The purpose of these endeavors is to try and overcome the

condensation occurring on the court walls over winter. We are not sure if they will work 100% but at worst we will be the "warmest little squash club in the capital". The extraction fan has already been installed (thanks Euan) and is linked to the lights. Cup your hand over the sensor to start the extraction fan in the daytime if required. All the best for your squash in 2023 TTFN, KSRC Leadership Team

Gratitudes

A lot of work has taken place this year to improve the club's facilities. Thank you to all those mentioned, and those who slipped off the list below. We are all

support the club. Pete & Jodine Bunn from Pete's Emporium for their generous help with Xmas decorations.

 Euan for fixing up various lighting issues. • Mark Scaife for installing the new Zip for instant hot water in the kitchen.

grateful for the contribution. Let us do what we can to support those who

- **Upcoming Dates**
- Kapiti Open Friday 14 April 5pm Sat 15 Apr
 - Kapiti B & Below Friday 2 Jun 5pm Sat 3 Jun • Kapiti Masters - Friday 4 Aug 5pm - Sat 5 Aug

• KSCR Club Champs - Friday 15 Sep 5pm - Sat 16 Sept

AGM - Monday 20 November 2023. 6:30 pm - 7:30 pm

• KSRC Div Champs, Prize Giving & Christmas Party - Saturday, 2 Dec. 4:00 pm

Wrinkles - Friday 27 Oct 5pm - Sat 28 Oct

- For more Event info, please go to:
- https://www.kapitisquash.co.nz/events
 - **C** SQUASH
 - SQUASH WELLINGTON 2023 CALENDAR TOURNAMENTS AND EVENTS TOURNAMENTS AND EVENTS
- Nov 11 Upper Hutt One Day Doubles
 Nov 17 18 Island Bay Doubles 21 - 22 Hutt City Women's O
 28 - 29 Thorndon April Open
 05 - 06 Tawa Open
 12 - 13 Red Star May Open 19 - 20 Mana Open 26 - 27 Martinborough Open 26 - 27 Tawa Masters 26 March @ Island Bay 30 April @ Red Star Jun 02 - 03 Kāpiti B & Below 25 June @ Mana 23 July @ Martinborou 18 / 19 Ji 25 / 26 July - WINTER INTE 09 - 11 Wellington Open @ Hut
 16 - 17 Khandallah Open
 22 - 24 Upper Hutt Open
 30 - 01 Island Bay Open
 07 - 08 Hutt City Open
 14 - 15 Masterton July Open
 15 Matariki Maori Poipatu (
 21 - 22 Club Kelburn Open
 28 - 30 District Superchamps 6 August @ Upper Hutt 27 August @ Hutt City (Final) 26 Sep 03 Oct Aug 11 - 12 Red Star August Open

Mens Div 2 - Euan Whittaker Mens Div 3 - Shamus Vallance-Gibbs

Mens Div 4 - Connor Freeman-Gray

Mens open - Richard Pittams

went to.

Club Champs

Recent Results

Womens Open - Nicki Gibbs Junior Boys Open - Declan Prentice Junior Girls Open - Georgia McKenzie U13 Boys - Harri Scott

Doubles Under 5100 points Champions - Euan Whittaker & Chris McKenzie

Doubles Champions - Connor Plumley & Mike Tambour

Most Improved Man - Shamus Vallance-Gibbs Most Improved Woman - Jodine Bunn Most Improved Boy - Anand Han Most Improved Girl - Greer Gibbs

Best Contribution by non Committee Member - Connor Freeman-Grey

The AGM (Nov 21st) was non-event. No submitted motions hence no

resolutions, all committee reports accepted and seconded, there were no

nominations for constitutional committee vacancies hence incumbent offices elected unopposed. A huge shout-out to committee members "rolling over", please support these people who give of their time freely to enable us all to

HEN I'M SAD

LAY SQUASH

Squash Coaching Squash Coaching is now available from our Nicki (A Grader, KSRC Club Cham (x7), National Superchamps Winner, Wgtn Masters Champion).

Club Night

Friday Club Nights are a brilliant opportunity to wind down the week and get a game in before the weekend, as well

smash a small black ball :-)

time and space for growing connections and well-being. Come along to Club Night, ask around for a hit and you'll certainly find someone to have a game or two with. The Bar will be open from 5:30pm. The Kitchen will be open from 5:30-8pm. Burgers, hot chips, toasted sandwiches are all on offer.

Club Night Info please contact (text or call) Todd Stewart: 027 305 0696

there, usually having a game each then changing to play another person (or having a rest between games). Games are to 15 This is an excellent time to meet new people and play socially. You'll see the booking for these courts done prior, on the HelloClub Spare racquets are almost always available. **Sunday Squash Skills**

Our amazing senior squash players are offering free Squash Skills on

We could love to have someone create the odd Kapiti Squash Club

Sunday afternoons, 5:15pm - 6:45pm. All welcome!

poster, used for events as well as on the website.

Contact Kevin: president@kapitisquash.co.nz

Volunteers Required

Positions Vacant

Let us know what skills you have to offer and we will see how they can be put to use. Contact Kevin: president@kapitisquash.co.nz For now, we need: 1. A graphic designer to create our posters. 2. Someone to lead a team to paint the balustrade white. 3. Someone to lead a team to cut down the grass on the east side (we will create 6 more car parks for the Kapiti Open if we do this).

Do you have a few spare hours to lend to our fabulous club?

https://www.kapitisquash.co.nz/contact

can contact either Simi or Hayden, both long term members of the club and restringing extraordinaires. Simi and Hayden use a range of strings depending on what's required, and costs range from \$50. Racquet pickup and drop off provided, to home or to the club.

> Emporium. manifesting change (53)

WHITTAKER 0800 DNT DIE

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imagmation

Speedy Signs

n 27 - 28 Tawa Doubles (postponed from 2022) Sep 08 - 09 Mana B & Below 09 - 11 Hutt City Masters Age Groups
17 - 18 Otaki Open
24 - 25 Club Kelburn B & Below
Wellington v Central Jnr Team Challenge @ Central
3 - 04 Tawa Women's Open
11 - 12 Khandallah Masters
11 - 12 Khandallah Masters 17 - 18 Wainuiomata Op 24 - 25 Tawa B & Below 31 - 01 Wairarapa Juniors & Masters @ Red Sta 06 - 08 Upper Hutt B & Below 14 - 15 Kāpiti Open 21 - 22 Masterton April Open 18 - 19 Wainuiomata B & Below 25 - 26 Thorndon August Open 6 August @ Thorndo

Congratulations to all who entered and put their best effort into

their games during the year; our End of Year Prize Giving showcased this awesome commitment! Here is a long list of whom the sparkling trophies

End of Year Prize Giving

Wrinklies Men - Tim Seymour Woman - Jenny Bromley

Graded Champs

Annual Awards

A Grade Men - Tim Seymour B Grade Men - Tim Seymour C Grade Men - Franco Pretorius D Grade Men - Shamus Vallance-Gibbs D Grade Woman - Georgia McKenzie E Grade Men - Greg Freeman E Grade Woman - Charlise McKenzie

Squash Excellence - Tim Seymour

Person of the year - Shelley Trewern Nat Tito Coaching Cup - Fredric Han

Lin Singh Cup - Simi Singh

Contact Nicki on <u>nickigibbs1980@gmail.com</u> or 020 4014 5660 for availability and pricing.

KSRC AGM Update

as enjoying a meal with friends and family. Be it the Pool Table, T.V, watching games, having a drink, hanging out in the

Sauna; Club Night is a positive

as many games as you can handle, from 6:45 onwards. There are often between 4-8 players points. court booking system.

Monday Game Night

organise a game but are really keen to play? Monday evenings are a fantastic time to zip out of the house, down to the club, and play

Free on Monday evening? Find it hard to

Donations Required Perhaps you have a few useful items lying around that the club can use!? If so, please email Kevin: president@kapitisquash.co.nz 1. Something that would work as a Trophy Cabinet

Committee Members

Vice President: Todd Stewart ph 027 305 0696

Club Captain: Jenny Bromley ph 0277812739

Treasurer: Chris Charteris ph 027 470 6445 Secretary: Shelley Trewern ph 027 597 8094

For 2023, these members are:

President: Kevin Gardner

DURAPROOF sence 🏠

Trust Rob 24/7

Rob Walker 022 566 4944

The Pro

MIXXED

Glgbal

DT No SHARP Speedy Signs Be Original.

Tommy's

Racquet Restringing If your racquet needs restraining (due to breakage or just wear and tear), you

Contact Simi on emailsimi@gmail.com or 021 483305

Contact Hayden on restring@kapitisquash.co.nz or 027 805 6734 Local businesses proudly supporting

Membership: Hayden Lloyd ph 027 805 6734 **Communications:** Todd Chaplin ph 022 693 4776

Many people work behind the scenes to support and grow the club, while the committee members are by no means the only ones who do this, they do hold specific roles and bring their energy and enthusiasm to the tasks.

ph 027 485 4129

Kena Kena

KAPITI SQUASH CLUB

FOUR SQUARE **String Tec**

